



iMap Therapeutic Support Services

iMap is able to offer a range of therapeutic support options to children and adults, on site and in the community. Our team of therapy staff are able to offer access to therapeutic support to both individuals and groups, as well as provide training to parents, carers and staff.

Speech and Language Therapy sessions

iMap offers regular individual and group therapy sessions dependent on personal needs. All therapy sessions have clear long and short term aims and objectives and are regularly monitored and reviewed. Sessions include developing basic communication skills, language skills, speech sounds, functions of language and non-literal comprehension of language.

Drawing and Talking Therapy

Drawing and Talking therapy is an intervention aimed at working with children and adults with emotional difficulties that may affect their learning or behaviour. This therapy encourages participants to produce drawings and then answer non-intrusive questions based on these drawings with a person they feel comfortable with. The aim is to assist participants to resolve conflicts and be supported to control their behaviours and access their curriculum more successfully.

Music Therapy

Music Therapy offers a private, safe space for people to communicate and express themselves and their feelings. iMap's Nordoff-Robbins trained music therapist is able use music to promote expression in the context of a therapeutic relationship, through the language of clinically improvised music.



Therapeutic Art

Therapeutic Art can be offered via both individual and group sessions, using art as the medium through which communication occurs. The sessions encourage learners to express unconscious thoughts and processes visually and creatively, helping them to accept and resolve issues in a positive and constructive manner.



Rebound Therapy

Rebound Therapy uses a trampoline to provide therapeutic exercises and relaxation for people with a wide range of special needs including autism and can be used to develop an individual's confidence and self esteem, giving them a sense of achievement and development. Rebound Therapy is also used to improve communication and social skills, promote sensory integration, promote relaxation, develop co-ordination, balance and improve fitness.

Intensive Interaction

Intensive Interaction is an approach used successfully with children and adults with autism, learning disabilities and communication difficulties. It aims to teach the basic fundamentals of communication through client led, relaxed and engaging interactions. It acknowledges the individual interests and motivations of the child or adult and uses these as the tool to engage in successful interactions to develop communication skills.

Social Skills Groups

The Speech and Language Therapist runs groups for participants to develop their social skills. This includes basic skills such as eye contact, turn taking and listening skills up to more complex skills such as starting conversations appropriately, expressing and interpreting emotions and dealing with anger. The groups make use of a range of strategies and interventions including Talkabout and the Social Use of Language Programme.

Training

Autism Awareness (1 day course)

iMap currently offers a 1 day Autism Awareness course which includes cognitive theories of autism, communication difficulties and strategies to support individuals with autism and sensory processing difficulties.

Bespoke Autism Specific Training

Autism training can be provided to meet the specific needs of an organisation or group. Please contact the iMap Centre to discuss your requirements.

Makaton

Makaton workshops are run by a regional Makaton Tutor. Courses include Makaton Taster sessions, the beginners and follow up workshops, foundation and enhancement workshops, and bespoke training to meet the needs of individual organisations or groups.

Coming soon

MyChoice iPad Training

Please visit our website at www.imapcentre.co.uk

individuals **Making autism positive - The iMap Approach**

iMap's person centred care planning approach takes careful consideration of the requirements of each service user's needs as identified within the social work assessment, and any other relevant assessment that identifies the care, support and therapeutic needs of a service user. This enables iMap to provide enhanced opportunities for children and adults to improve communication and relationships, continually develop independence skills and assist people to lead fulfilling lives and achieve the best possible outcomes.

iMap promotes an Intensive Interactive approach, so that all staff are trained and familiar with different techniques for working successfully with complex learners. We emphasise communication and empathy for service users and by drawing on SCERTS, PECS and Intensive Interactions staff within all of our supported living and residential care environments are able to provide structure, calmness and clarity to each service user to reduce their anxiety and promote their learning and development.

iMap provides:

- Intensive Interaction focused support to service users
- A SCERTS® informed approach to assist service users to build competence in Social Communication, Emotional Regulation and Transactional Support
- A total communication approach to speech and language therapy, including use of PECS, Makaton and social stories
- Music therapy
- Art therapy
- Multi-sensory experiences
- Behavioural support programme, informed by PROACT-SCIPr-UK® behavioural support techniques
- In house medical support and health liaison.

**Any further enquiries please contact us on 01606 301 514
or visit our website at www.imapcentre.co.uk**



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